## **POSITIVE**

## **PARENTS**

This 3 week group program offers parents and carers information to help them improve their relationship with their children. The group focuses on the development of happy and healthy children.

## WHAT TO EXPECT

Positive parenting information about:

- Why children behave the way they do
- Developing good relationships with children
- Encouraging good behaviour
- Helping children develop
- Teaching new skills & behaviours
- Managing misbehaviour
- Developing parenting routines
- Taking care of yourself & your family







This course is for Mums, Dads, Akas, Athes, Aunties, Uncles, other family members or carers who:

- Are currently caring for children
  0-12 years, and
- Want to help children in your care develop good habits that will provide them a great start in life.

(please note, if you or your children are affected by current domestic/family violence, please contact Mura Kosker Domestic Violence Service for alternate referral options Ph. 4069 1663)

This group is free of charge. Tea & coffee will be available.

Childcare is not provided, a small play area will be available for children.

WHEN?

February 2017 (TBA)

## **Participants attend all 3sessions**

WHERE?

Sacred Heart School, TI

**HOW DO I RSVP FOR THIS GROUP?** 

Please email or call anytime to RSVP for this course.



Ph or Txt. Cecelia 0477979733 / Mura Kosker Office 40691663



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